

Resources

Mental Health Professionals & Centers in the Schools

- Professional School Counselors
- School Psychologists
- School Social Workers (in select schools)

Tele-Behavioral Resources

- A Better Tomorrow Starts Today -4303 Forbes Blvd. Lanham, Md. 301-477-3339
- Affordable Behavioral Consultants -1400 Mercantile Lane, Suite 206 Largo, Md. 301-576-4100
- Anne Arundel Counseling, Inc. -4333 Northview Drive Bowie, Md. 410-768-5988

Crisis Hotlines and Text Lines

- Crisis Text Line: Text MD to 741741
- Prince George's County Crisis Services: 301-429-2185
- Prince George's County Suicide Prevention Hotline: 301-864-7130
- Maryland Crisis Connect: 211 or Text your zip code to 898-211
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- The Trevor Project: 866-488-7386 or Text START to 678678

Mental Health Websites

- [Suicide Prevention Resource Center](#)
- [The Trevor Project](#)
- [American Foundation for Suicide Prevention](#)
- [National Association of School Psychologists](#)
- [American School Counselor Association](#)